



Flourishing Together Through

Kindness

Curiosity

Respect

Resilience

Teamwork



Physical Education - Trinity First School

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<u>Fundamental Skills</u> <u>Multi Skills</u>	<u>Fundamental Skills</u> <u>Multi Skills</u>	<u>Gymnastics</u> <u>Dance</u>	<u>Fundamental Skills</u> <u>Dance</u>	<u>Starter Sports</u> <u>Gymnastics</u>	<u>Athletics & Sports Day Practice</u> <u>Gymnastics</u>
1	<u>Fundamental Skills</u> <u>Multi Skills</u>	<u>Fundamental Skills</u> <u>Multi Skills</u>	<u>Gymnastics</u> <u>Dance</u>	<u>Sports Skills</u> <u>Dance</u>	<u>Team Games</u> <u>Gymnastics</u>	<u>Athletics & Sports Day Practice</u> <u>Athletics</u>
2	<u>Fundamental Skills</u> <u>Multi Skills</u>	<u>Fundamental Skills</u> <u>Multi Skills</u>	<u>Gymnastics</u> <u>Dance</u>	<u>Sports Skills</u> <u>Dance</u>	<u>Team Games</u> <u>Gymnastics</u>	<u>Athletics & Sports Day Practice</u> <u>Athletics</u>
3	<u>Street Netball</u> <u>Multi Skills</u>	<u>Invasion Games</u> <u>Multi Skills</u>	<u>Gymnastics</u> <u>Dance</u>	<u>Outdoor Education</u> <u>Dance</u>	<u>Striking & fielding</u> <u>Gymnastics</u>	<u>Athletics & Sports Day Practice</u> <u>Athletics</u>
4	<u>Street Netball</u> <u>Multi Skills</u>	<u>Invasion Games</u> <u>Multi Skills</u>	<u>Gymnastics</u> <u>Dance</u>	<u>Outdoor Education</u> <u>Dance</u>	<u>Striking & fielding</u> <u>Gymnastics</u>	<u>Athletics & Sports Day Practice</u> <u>Athletics</u>