

## DIARY DATES 2026



### January 2026

Monday 19	Maple Share My Work
Tuesday 20	Oak Share My Work
Wednesday 21	Chestnut Share My Work
Thursday 22	Beech Share My Work
Monday 26	Willow Share My Work
Tuesday 27	Hazel Share My Work
Thursday 29	Pine Share My Work
Friday 30	FOTFS Discos Reception (5.15pm-6pm) Year 3 (6.15pm-7.30pm)

### February

Monday 2	Sycamore Share My Work
Friday 6	FOTFS Discos Year 1&2 (5.15pm-6.15pm) Year 4 (6.30pm-7.45pm)

### Friday 13

### Monday 23

### March

Friday 6	Quiz and Cheese Night
Saturday 28	Easter Event

### April

Thursday 2	Last Day of Term 4
Monday 20	First Day of Term 5

### May

Saturday 16	Colour Run
Friday 22	Last Day of Term 5

### June

Monday 1	First Day of Term 6
Friday 12	Quiz and Cheese Night
Saturday 27	FOTFS Summer Event

### July

Friday 17	Last Day of Term 6
Monday 20	Inset Day

[Click here](#) for 2026/2027 Term Dates

### HEADS UPDATE

from Amanda Seager

Over the next couple of weeks, parents and carers of children from Year 1 to Year 4 are invited to come in to the Share my Work session each class will be holding. These are usually really well supported by parents, and please remember that if neither parent is able to come, a grandparent or other close relative is very welcome to come in their place. It is a great opportunity for the children to talk about the learning they have been doing in school and for you to see the progress they are making. Being able to talk about something we have learned can both help to show how well we have understood and remembered it, and it can also be part of the process of cementing that understanding. For the children, being able to talk to a familiar adult about their learning helps to build their confidence and to develop their speaking skills. There is increasing focus on developing children's skills in speaking and listening across the curriculum and we are looking to make the most of any opportunity we have to get the children talking during their learning.

As learning in Reception is very different, we don't hold Share my Work sessions for Rainbow and Sunshine classes. The children in Reception do lots of playing and lots of practical activities, and while the adults keep detailed records of the children's learning and progress, there is very little for the children to show and share so we usually hold craft sessions for Reception parents to come along to. However, the children are working hard this term to create some artwork that they will be inviting their parents to come into school to see in a few weeks.

Thank you for continuing to support your child's learning, it makes such a positive difference.

## School News

### Share my Work w/c 19 Jan 2026

#### Dates for the Diary - Starts next week!

Please find below the January dates for **Share My Work**. This will be a 20-minute session for you to come into school at 8:45am to look at your child's work with them on the allotted day for your child's class

#### January/February

Maple:	Monday 19th January
Oak:	Tuesday 20th January
Chestnut:	Wednesday 21st January
Beech:	Thursday 22nd January
Willow:	Monday 26th January
Hazel:	Tuesday 27th January
Pine:	Thursday 29th January
Sycamore:	Monday 2nd February

### RHSE Parent Consultation

#### Survey closes 18/01/2026

In September 2026, there is new statutory guidance about relationships and sex education. We are in the process of reviewing our policy and curriculum. As part of this process, we need to consult with parents, children and governors. Our first step is a short parent survey. This is the last week the survey will be available and we would be very grateful if you could fill it in. Please click [here](#) to complete the survey. Thank you.

## Regular Notices and Reminders

### Wraparound

#### Kites and Trinity Plus – Term 3



### Wraparound Google Forms - save the links

**Voucher Payers** - please confirm payment [here](#)

**Cancel/Amend** - please click [here](#)

Thank you for your patience as we transition to our new booking system. Please see the following updates regarding bookings and administration:

- **Changes & Cancellations:** Currently, bookings cannot be amended directly in the app. To request a change, please [complete this online form](#). If you have already emailed us, there is no need to fill out the form.
- **Booking Visibility:** The app has limited display features. Please note that the diary may show all sessions as **3:15–5:30 PM**, regardless of your specific slot. We recommend keeping a personal note of your booked times at the point of confirmation.
- **Vouchers & Emails:** We are working through voucher payments and booking queries as quickly as possible. To confirm a payment, please [complete this online form](#).
- **Admin Hours:** Sarah Hockley manages our wraparound admin on **Wednesday afternoons and Fridays**. For urgent matters outside of these times, please contact the main school office.

School Lunches: w/c 26/01/2026

Deadline: 22/01/2026



Please click [here](#) to make a booking

Don't forget the deadline for ordering school lunches is **midnight** every **Thursday** for the following week. If you miss the deadline, please send your child in with a packed lunch from home for the week. .

The menus for Sept 2025-2026 are available to view on our website. Please click [here](#).

## Clubs

### School Clubs

### Useful Information

We offer a wide range of clubs during and after school, please click [here](#) to see our website for full details and how to book.



### Friends of Trinity First School

### Frome Lions Club Sponsored Swim at Frome Leisure Centre

Following previous successes, we will again be participating in the Frome Lions Club Sponsored Swim at Frome Leisure Centre.

We need swimmers who are willing to take it in turns to swim as many widths of the big pool as they can in 25 minutes. There will be six swimmers per team and if there are enough children interested in taking part we will create multiple teams.

If your child would like to be considered they will need to be over 6 years old and swimming to stage 3 level (or equivalent) and above. They will also need to be available on Sunday 08th March from approx 12noon (exact times tbc).

Each swimmer will need to raise a little sponsorship, but this is a team event so everything helps our total and FOTFS and the whole school will be helping and supporting too. Any money raised will be split between FOTFS and the Frome Lions nominated charities, which this year SWEDA (a locally based charity supporting those with eating disorders) and Children's Hospice South West.

To nominate your child please email [tsafrome@yahoo.com](mailto:tsafrome@yahoo.com) with their name, age, class, swimming stage and a contact number by Monday 26th January.

### SPONSORED SWIM EVENT



RAISE MONEY FOR YOUR CHOSEN CHARITY or CLUB and for Lions Charities by entering a team of six in our annual sponsored swim relay

SUNDAY MARCH 8<sup>th</sup> from 12.00pm  
at Frome Leisure Centre

## FOTFS

### Dates for the Diary

Friday 30 January - Discos:

- Reception (5.15pm-6pm)
- Year 3 (6.15pm-7.30pm)

Friday 06 February - Discos

- Year 1 and 2 (5.15pm-6.15pm)
- Year 4 (6.30pm-7.45pm)

A link for booking tickets will be shared shortly!

06 March - Quiz and Cheese Night

28 March - Easter Event

16 May - Colour run (pm)

12 June - Quiz and Cheese Night

27 June - Summer Event

### Local Information

## COMPETITION

Can you help us design a new logo for our school dogs?

Your designs should:

- Be circular
- Include the words Dogs for health & school dogs

To enter:  
Please include your name, school and age.  
Hand your design into your school reception or email to [info@dogsforhealth.org.uk](mailto:info@dogsforhealth.org.uk) by the 30<sup>th</sup> January

The winning design will be used on our website and used on our equipment.

The winner will be announced at our dog show on 7<sup>th</sup> February

### Pop-Up Winter Cafe

at The Key Centre

A warm space for anyone in the community to spend time.

FREE home-cooked meals, snacks, hot drinks, creative activities, games for all ages and always a friendly welcome.

Mondays – Fridays  
in December & January  
10.30am – 4.30pm (2.30pm Fridays)

[www.terrestrial.org.uk](http://www.terrestrial.org.uk)

Fair Frome  
Real People, Real Projects, Real Difference

We're a warm space 4:30pm-6:30pm

Just turn up, everyone is welcome!

**FOOD AT FIVE**

Mondays-Key Centre, The Mount  
Wednesdays-Frome Cricket Club  
Thursdays-Trinity Church Hall

Hot freshly cooked meals served with dessert at 5pm  
Vegetarian and takeaways available too (please bring containers)

Hot drinks available

Suggested donation: £1 per meal

Please contact us if you have any dietary requirements

Purple Elephant  
Support Worker at every session, with activities provided!

Fair Frome, Unit 7, Longacres, Frome, BA11 4BG  
Email: [info@fairfrome.org](mailto:info@fairfrome.org) / Mobile: 07787 129 788 / Landline 01373 488578  
Charity no. 1156185

# The Trumpet

Newsletter No.1  
Spring Term 2026  
Friday 9 January



## Supporting My Child's Emotional Wellbeing Through Creativity

Palmer Street, Frome | January - May

**Does your child often seem anxious, distressed or unhappy? Are you looking for ways to support their emotional wellbeing at home?**

Learn, with your child, how to process and express emotions through various forms of creativity. With an emphasis on self-directed creativity and non-judgment, this course will teach you how to give your child the space and the tools they need to explore their own emotions. This approach is particularly beneficial for children who find it hard to communicate their feelings verbally.

- For children aged 7 - 11
- All materials will be provided
- Children must be supervised at all times
- Sign up online for a trial Starter course

Mondays | 4 - 5.30pm | 3 courses  
From 12<sup>th</sup> January 2026

Scan the QR code to sign up



\*Please see our website for eligibility information

Book online, or call us  
sslcourses.co.uk 0330 332 7997



## Supporting My Child's Emotional Wellbeing Through Creativity Courses

Creativity has long been known to help people explore and express their inner thoughts and feelings. Processing and releasing emotions and working through difficult experiences can become easier by drawing, painting or sculpting those experiences, rather than trying to express them through words.

This course will teach you how to support your child to explore and express their emotions through creativity. With a non-verbal and non-judgemental approach to this process you can learn ways to truly connect with and support your child, without having to try and guess what is going on for them.

There is no right or wrong way of creating or expressing, and your child can explore the activity in any way they choose. This might be completely non-verbally or discreetly in their own dedicated space.

Learning through the experience of doing and creating alongside your child, you will both get to discover what it is like to express emotions through art, sculpture and other forms of creativity.

This course is designed for adults with children who are:

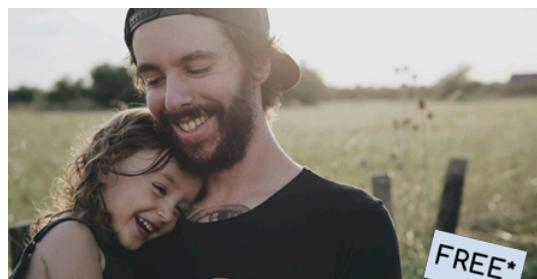
- Anxious
- Dysregulated
- Lonely or isolated
- Finding it difficult to explain how they feel and why
- Missing school

Ideal for children aged 7 to 11 with an appropriate adult caregiver. Children to be supervised by their adult at all times.

Supporting My Child's Emotional Wellbeing Through Creativity - Starter  
Monday 12<sup>th</sup> January - 9<sup>th</sup> February | 4 - 5.30pm | 15 Palmer Street, Frome

Supporting My Child's Emotional Wellbeing Through Creativity - Developer  
Monday 23<sup>rd</sup> February - 5<sup>th</sup> March | 4 - 5.30pm | 15 Palmer Street, Frome

Supporting My Child's Emotional Wellbeing Through Creativity - Enhancer  
Monday 20<sup>th</sup> April - 18<sup>th</sup> May | 4 - 5.30pm | 15 Palmer Street, Frome



## Awareness of ADHD Courses

Online | March – June 2026

Celebrate Strengths, Build Skills, Support Yourself or Others with ADHD Awareness

- Better understand ADHD and what it means for those that have it
- Support your loved ones and/or yourself with confidence and compassion
- Support yourself or others to manage mental health, executive function and sleep
- Overcome challenges, build positive habits, celebrate your strengths and achieve your goals

Understanding Neurodiversity: Awareness of ADHD - Starter  
Thursday 19<sup>th</sup> March | 12.30pm-3pm | 4 sessions | Online  
Understanding Neurodiversity: Awareness of ADHD - Developer  
Thursday 23<sup>rd</sup> April | 12.30pm-3pm | 4 sessions | Online  
Understanding Neurodiversity: Awareness of ADHD - Enhancer  
Thursday 4<sup>th</sup> June | 12.30pm-3pm | 3 sessions | Online



Scan the QR code to sign up

Enrol today to secure your space!

\*Please see our website for eligibility information

Book online, or call us  
sslcourses.co.uk 0330 332 7997



## Autism Awareness Courses

Online | January – March 2026

Understand Autism, Celebrate Strengths, Support Yourself or Others and Help to Raise Awareness

- Better understand autism and what it means to be autistic
- Support your loved ones and/or yourself with confidence and compassion
- Understand challenges with executive function, sensory sensitivity, masking and more
- Celebrate difference through understanding neurodiversity

Understanding Neurodiversity: Autism Awareness - Starter  
Thursday 15<sup>th</sup> January | 12.30pm-3pm | 4 sessions | Online  
Understanding Neurodiversity: Autism Awareness - Developer  
Thursday 26<sup>th</sup> February | 12.30pm-3pm | 3 sessions | Online



Scan the QR code to sign up

\*Please see our website for eligibility information

Book online, or call us  
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## Vallis Farm Education Centre needs you!

Vallis Farm are setting up an education centre! We hope to be able to address issues faced by young people in Frome such as access to nature, healthy food, outdoor skills such as gardening and animal care and the ability to gain qualifications in the land based sector. In order to set up this community interest company we need several non executive directors. These are voluntary roles and you will be expected to attend quarterly meetings at most.



For more information please email:  
[tamsin@vallisfarm.co.uk](mailto:tamsin@vallisfarm.co.uk). Closing date is the  
9th January 2026

[www.vallisfarm.co.uk/cic-non-executive-director](http://www.vallisfarm.co.uk/cic-non-executive-director)



**Flourishing Together**  
through  
**Kindness ~ Curiosity ~ Respect ~**  
**Resilience ~ Teamwork**

*Trinity First School is committed to  
safeguarding and promoting  
the welfare of all children.*

*We expect all our staff and volunteers  
to share this commitment*