

ALLERGEN KEY

Our commitment to food safety is of the utmost important to us, please make us aware of any allergies or food intolerances that your child may have.

C Celery	G Gluten	CR Crustaceans
E Eggs	F Fish	L Lupin
D Dairy	MS Molluscs	MU Mustard
N Nuts	P Peanuts	SS Sesame Seeds
S Soya	SU Sulphur	

Please make us aware of any food allergies or intolerances you may have prior to ordering. Fresh fruit & yogurts available daily.

WEEK
One
PRIMARY MENU

MONDAY

THE MAIN EVENT

Chinese chicken curry with rice
Allergen: G, MU

MEAT FREE

Vegetable samosa with rice and a sweet curry dip.
Allergen: G, C, MU, SS, S

SIDES

Broccoli
Carrots

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

TUESDAY

THE MAIN EVENT

Homemade chicken lasange.
Allergen: G, E, D

MEAT FREE

Tomato and basil penne pasta.
Allergen: G, D

SIDES

Garlic bread
Sweetcorn
Allergen: G, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

Week commencing:

20/02, 13/03, 24/04, 15/05,
05/06, 26/06, 11/07

WEDNESDAY

THE MAIN EVENT

Roast turkey, stuffing and gravy.
Allergen: G

MEAT FREE

Seasoned Quorn fillet, stuffing and gravy.
Allergen: G

SIDES

Crispy roasties
Carrots and peas

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

THURSDAY

THE MAIN EVENT

Chicken burger with a BBQ glaze.
Allergen: G

MEAT FREE

Vegan burger with mayo.
Allergen: G, S, E

SIDES

Sweetcorn

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

FRIDAY

THE MAIN EVENT

Oven baked bubble crumb pollock.
Allergen: F

MEAT FREE

Crispy bread-crumbed fishless fingers.
Allergen: S

SIDES

Skinny fries
Garden peas
Allergen: G, E, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

CAKES & BAKES

MONDAY G, E

CHOCOLATE
Brownie

TUESDAY G, E, D

A-PEELING
Carrot Cake

WEDNESDAY G, E

HOME-MADE
Banana Cake

THURSDAY G, E

Toffee
Cake

FRIDAY G,

FLAPJACK



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WEEK
Two
PRIMARY MENU

MONDAY

THE MAIN EVENT

Turkey tikka masala.
Allergen: D

MEAT FREE

Cauliflower and butterbean dahl.
Allergen: D

SIDES

Rice
Garlic and coriander naan
Allergen: G, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

TUESDAY

THE MAIN EVENT

Homemade British beef lasange.
Allergen: G, D

MEAT FREE

Broccoli pasta bake.
Allergen: G, D

SIDES

Garlic bread
New potatoes
Allergen: G, D, S

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

Week commencing:

27/02, 20/03, 01/05, 22/05,
12/06, 03/07

WEDNESDAY

THE MAIN EVENT

Roast chicken and stuffing with gravy.
Allergen: G

MEAT FREE

Seasoned Quorn fillet, stuffing and gravy.
Allergen: G

Crispy roasties
Carrots

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

THURSDAY

THE MAIN EVENT

Pepperoni pizza
Allergen: G, D

MEAT FREE

Vegan margarita pizza.
Allergen: G

SIDES

Waffle fries
Crispy salad with marmite shards
Allergen: G, C

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

FRIDAY

THE MAIN EVENT

Oven baked fish fingers.
Allergen: F, G

MEAT FREE S

Crispy bread-crumbed fishless fingers.
Allergen: S, G

SIDES

Skinny fries
Baked beans
Allergen: G, E, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

CAKE & BAKES

MONDAY G,
SHORTBREAD

TUESDAY G, E
ZERO WASTE
lemon cake

WEDNESDAY G, E, S
CARAMEL BREAD
cake

THURSDAY G
VEGAN
chocolate cake

FRIDAY G, E
TOFFEE
cake



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WEEK
Three
PRIMARY
MENU

MONDAY

THE MAIN EVENT

Sticky chicken and pineapple.
Allergen: S

MEAT FREE

Chickpea and potato curry.
Allergen:

SIDES

Rice
Broccoli and green beans

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

WEDNESDAY

THE MAIN EVENT

Butchers best bangers with a rich gravy.
Allergen: G, SU

MEAT FREE

Tasty vegan sausages and gravy.
Allergen: S

SIDES

Buttered mash
Garden peas and sweetcorn

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

TUESDAY

THE MAIN EVENT

Homemade British beef bolognaise with wholemeal penne.
Allergen: G

MEAT FREE

Mac "N" Cheese
Allergen: G, D

SIDES

Garlic bread
Wedge salad
Allergen: G, E, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

Week commencing:

06/03, 27/03, 17/04, 08/05, 19/06, 10/07

THURSDAY

THE MAIN EVENT

Big Mack sloppy Joe in a floured bun.
Allergen: G, E, D, MU, SS

MEAT FREE

Veggie burger in a floured bun.
Allergen: G, E, D, MU, SS

SIDES

Waffle fries
American corn salad

JACKET POTATO

Cheese, beans and tuna
Allergen: G, E, F

SALAD BAR

Freshly prepared salads available daily

FRIDAY

THE MAIN EVENT

Oven baked bubble crumb pollock.
Allergen: F

MEAT FREE

Crispy bread-crumbed fishless fingers.
Allergen: S

SIDES

Rosti potato bites
Baked beans & Peas
Allergen: G, E, D

JACKET POTATO

Cheese, beans and tuna
Allergen: D, E, F

SALAD BAR

Freshly prepared salads available daily

CAKES & BAKES

MONDAY G, E

ORANGE
cake

TUESDAY G, E

CHOCOLATE
brownie

WEDNESDAY G, E

HOME-MADE
Banana Cake

THURSDAY G, E, D

A-PEELING
carrot cake

FRIDAY G

SHORTBREAD

