

Trinity School Newsletter 4 of the Spring Term – Friday 27th January 2023
Tel: 01373 461949 Email: office@trinityfirstfrome.co.uk Visit: www.trinityfirstfrome.co.uk



FOTFS Dates for the Diary 2023

February

Friday 10th Uniform Sale (after school)
Friday 24th School Disco 5.30 - 7pm (Y3&4)

March

Friday 3rd School Disco 5.30 - 7pm (R, Y1&2)
Monday 13th Bags 2 School
Sunday 19th Sponsored Swim
Sunday 26th Easter Funday 1-3pm

May

Saturday 20th Colour Run (time tbc)

July

Saturday 1st Summer Fair 12-4pm

Sponsored Swim



Do you love swimming?

Are you aged 6 or over?

*In at least Stage 3 and want to help raise funds
for FOTFS?*

We need you for the Trinity Swim Team!

Frome Lions Club organise an annual Sponsored Swim at Frome Leisure Centre and this year FOTFS will be taking part. Funds are split 50/50 between FOTFS and the Lions nominated charity, which this year is Active & In Touch.

We need 6 swimmers, ideally 1 per class to take it in turns and swim as many widths as they can in 25 minutes. You will need to be available on **Sunday 19th March from 3pm** (exact time TBD!)

Swimmers will not be solely responsible for fundraising - FOTFS, and the whole school will be helping and supporting you!

If you wish to be considered for the team, please ask your adult to email tsafrome@yahoo.com with your name, class, age, swimming stage and contact number by **Wednesday 8th February**. If there are several interested parties, names will be drawn from a hat. We will confirm the team by Friday 10 February, including a reserve list. Thank you!

Pre-Loved Uniform Sale

Friday 10th February
After School
Main Playground



In the meantime, if you have any uniform needs, please email tsafrome@yahoo.com or, if you'd prefer, speak to your class teacher who can speak to us on your behalf.

FOTFS School Discos!

Friday 24th February
5.30 - 7.00pm
Years 3 & 4

~
Friday 3rd March

5.30 - 7.00pm
Reception + Years 1 & 2



Drop off Disco with Dancing, Music and Fun!
Tickets will cost £2 per child.

Information on how to purchase a pre-booked ticket and other details will be available shortly.

Trinity School Newsletter 4 of the Spring Term – Friday 27th January 2023
Tel: 01373 461949 Email: office@trinityfirstfrome.co.uk Visit: www.trinityfirstfrome.co.uk

Bauer Radio's for Kids Charities

Cost of Living Grants

Grants of up to **£50** are available to provide emergency essentials for children and young people across the UK who are being adversely impacted by the cost-of-living crisis.

Grants are awarded on a 'first come' basis and the programme will close as soon as the available budget has been committed. **Early application is therefore advised.**

The Fund is designed to provide emergency essentials that support the physical and mental well-being of children who are struggling during the cost-of-living crisis due to poverty or living with additional needs This could include:

- Clothing
- School uniforms.
- Food.
- Household energy costs
- Other items that support a child's essential needs

Applications must be made on behalf of a disadvantaged child or young person by:

- a registered charity
- a community group
- or a professional such as a charity worker, health worker, GP or teacher

Please note that Families cannot apply directly to the Fund.

To apply, go to the [Cash for Kids website](#) and click on the region where the benefiting child or young person is living on the map under the "Choose Your Area to Apply" heading. A professional acting on behalf of a family or young person in need should then complete the online application form.

SAFER SCHOOL STREETS FOR FROME

You are invited to view and discuss the approved Safer School Streets scheme

Come along to hear more about why the initiative is needed, what the design will look like and to discuss, as a community, how we can work together to make the trial a success.

Avanti Park School

Wednesday 25 January | 5:00-6:30pm

Oakfield Academy

Thursday 26th January | 6:30-8:00pm

Trinity First School

Wednesday 1st February | 2:00-3:00pm

View the plans: bit.ly/saferschoolstreets



The Frome Safer School Streets scheme has been designed to make conditions safer for walking and cycling near Trinity First School, Oakfield Academy, Avanti Park School, Critchill School and Bright Stars Nursery.

The scheme has been designed by Sustrans in partnership with the schools, Frome Town Council and Somerset County Council, using a co-design process with the community.



Sustrans have also secured funding to deliver a "Quiet Way" along Oakfield and Somerset Roads, to complement the scheme. A Quiet Way limits traffic speeds and makes the route safer for cycling, and allows for more permanent measures such as improved crossings to be delivered.

The Safer School Streets scheme will be installed in Spring/Summer 2023 for a trial period of 18 months in order to monitor its effectiveness in reducing traffic, improving safety and increasing levels of active travel on the school run.

Residents and families are invited to view the plans and discuss the scheme with the schools, Frome Town Council and Somerset County Council. This will be an opportunity to hear more about the rationale behind the scheme, what the design will look like and to discuss as a community how we can work together to make the trial a success.

Trinity School Newsletter 4 of the Spring Term – Friday 27th January 2023
Tel: 01373 461949 Email: office@trinityfirstfrome.co.uk Visit: www.trinityfirstfrome.co.uk

Black Swan Arts
YOUNG OPEN
2023

The largest young art competition in the South West is now open for entries aged 5-19 years

For more information and to apply visit
blackswanarts.org.uk

Closing date for entries Friday 3 February 2023	Exhibition dates 4 March - 16 April 2023
---	--

Mon - Sun 10am-4pm
2 Bridge Street, Frome (BA11 1SB)
blackswanarts.org.uk

BSA Young Open

Struggling with bills?
Support is available...

Need help with buying food or paying a pre-payment meter?

The Household Support Fund
Can provide short-term urgent financial help to Somerset residents who are struggling to afford household essentials.

For more information, scan the QR code or visit: bit.ly/SCCSupport22

To apply, you must:

- Live in Somerset
- Be over 16 and living independently of parents/carers
- Not have enough money to cover essentials

To apply, scan the QR code or visit: bit.ly/SupportFund22

If you don't have any support and need help to apply
Please phone Somerset County Council on **0300 123 2224**. Somerset County Council will help you find an organisation who will help you make an application.

The Freedom Programme
is providing **free**
Awareness Raising Courses for Women
in Frome

MR WRONG: An abusive man

<ul style="list-style-type: none"> Shouts Sulks Smashes things Glares Calls you names Makes you feel ugly and worthless Cuts you off from your friends Stops you working Never admits he is wrong Blames you, drugs, drink, stress etc. 	<ul style="list-style-type: none"> Turns the children against you Uses the children to control you Never does his share of the housework Expects you to do his Controls the money Threatens or wheedles you to get his own way Seduces your friends/sister/anyone in sight... Expects you to be responsible for his well-being
---	--

MR RIGHT: A non-abusive man

<ul style="list-style-type: none"> Is cheerful Consistent Supportive Tells you that you look good Tells you you're competent Uses your name Trusts you Trusts your judgment Welcomes your friends and family Encourages you to be independent Supports your learning, career etc. 	<ul style="list-style-type: none"> Admits to being wrong Is a responsible parent Is an equal parent Does his share of the housework Accepts that you have a right to say "no" to sex Shares financial responsibility Takes responsibility for his own well-being and happiness in adult... Believes like a reasonable human being.
--	--

Contact details
If you are interested in attending please ask to speak to the SENCO at school to be referred in.

www.freedomprogramme.co.uk

ChatHealth

- Parent advice & support
- Healthy lifestyles
- School transitioning
- Emotional health

is your child 5-19 and are you looking for confidential help and support?

A safe and easy way to contact your School Nursing Team

Just send a text or scan me
07480 635 515

Disclaimer: This is not an emergency service. It operates Monday to Friday 9am - 5pm and is only available by using a UK mobile number. Your messages are stored on our secure system and can be seen by the School Nursing Team who run out ChatHealth service. Although this is a confidential service, in the event of an safeguarding issue the School Nurse has a duty of care to act on this and may escalate the concern.

Improving LIVES