## Help from Frome Town Council

Please see below information about the Frome Town Council services available to support anyone, including families, who is isolated for whatever reason at the current time and would benefit from additional support to access food, other shopping essentials and pharmacy deliveries. The main telephone number is staffed Monday – Friday 9am – 5pm and is also available to signpost residents to other local support services.

- Call Frome Town Council on 01373 465 757 to reach one of our Customer Advisors
- They will be able to help you access information about a wealth of community organisations in Frome and support services across the government and local councils. This coronavirus specific information from business links, finance questions, to support for families and young people is also all on a series on quick links on our <u>www.frometowncouncil.gov.uk</u>.
- To identify who is delivering food in addition to the supermarkets in Frome see our guide <u>here</u>. For other shops go to <u>www.shopfrome.co.uk</u>
- Connect you to <u>FruberEats</u>, our Monday to Friday emergency food parcel delivery service for people who are in isolation and have immediate needs. This is in addition to Fair Frome who operate the food bank service who we also signpost too if more appropriate and BorisBoxes supporting the most vulnerable.
- Arrange a <u>ShopForMe</u> volunteer. This is our volunteer matching shopping service matching households who cannot access online shopping with volunteers who will do your shopping for shopping for you
- Or to <u>Frome Community Drivers</u> who can support both pharmacies/individuals requiring prescription delivery across Frome
- Or help you identify a nearby neighbourhood group in the Frome area

Further information about support for domestic abuse, how to contact the CAB for families affected by a drop in income can be found <u>here</u>

And there is an information page specifically for families here