

# WEEK 1

04/11/19, 25/11/19, 16/12/19, 20/01/20,  
10/02/20, 09/03/20, 30/03/20

Sausages & Mash with Gravy  
or  
Honey & Ginger Vegetable Stir Fry with Rice (v)  
or  
Jacket Potato with Choice of Filling (v)  
Rainbow Vegetables, Sweet Corn  
Cherry Swirl Sponge with Custard

Spaghetti Beef Bolognese with Garlic Bread  
or  
Carrot & Pesto Bake with Homemade Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Green Beans, Mixed Salad  
Raspberry Oat Slice

Roast Chicken with Stuffing, Gravy & Roast Potatoes  
or  
Veggie Sausages with Gravy & Roast Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Shredded Cabbage, Carrots  
Apple Crumble with Custard

Minced Beef & Onion Pie with Mash Potatoes  
or  
Mac & Cheese with Garlic Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Mixed Salad, Sweet Corn  
Caramel Krispie Cake

Salmon Fish Fingers or Fish Fingers with Chips & Tomato Sauce  
or  
Quorn Tikka Pizza with Chips (v)  
or  
Jacket Potato with Choice of Filling (v)  
Baked Beans, Garden Pear  
Strawberry Jelly & Peach Slices (v)

# WEEK 2

11/11/19, 02/12/19, 06/01/20, 27/01/20,  
24/02/20, 16/03/20

Arabiatta Chicken Meatballs & Penne Pasta  
or  
Cheesy Broccoli Quiche with New Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Green Beans, Mixed Salad  
Cherry & Apple Crumble with Custard

Savoury Minced Beef & New Potatoes  
or  
All Day Veggie Breakfast (v)  
or  
Jacket Potato with Choice of Filling (v)  
Shredded Cabbage, Rainbow Vegetables  
Vanilla Ice Cream

Roast Turkey with Stuffing, Gravy & Roast Potatoes  
or  
Quorn Fillet with Stuffing, Gravy & Roast Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Broccoli, Carrots  
Citrus Squares

Beef Burger with Jacket Wedges & Tomato Sauce  
or  
Veggie Bolognese with Pasta & Garlic Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Sweetcorn & Peppers, Green Beans  
Peach Melba Sponge with Custard

Bubble Crumb Fish & Chips with Tomato Sauce  
or  
Tomato & Basil Pasta Bake & Chips (v)  
or  
Jacket Potato with Choice of Filling (v)  
Baked Beans, Garden Pear  
Carrot Cookie

# WEEK 3

18/11/19, 09/12/19, 13/01/20, 03/02/20,  
02/03/20, 23/03/20

Hot Dog with Jacket Wedges & Tomato Sauce  
or  
Vegetable Chow Mein (V)  
or  
Jacket Potato with Choice of Filling (v)  
Sweet Corn, BBQ Beans  
Flapjack

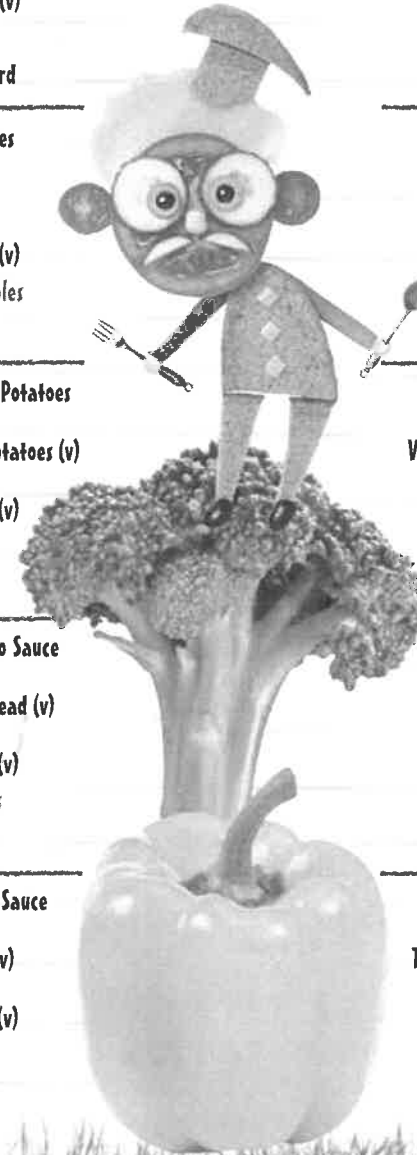
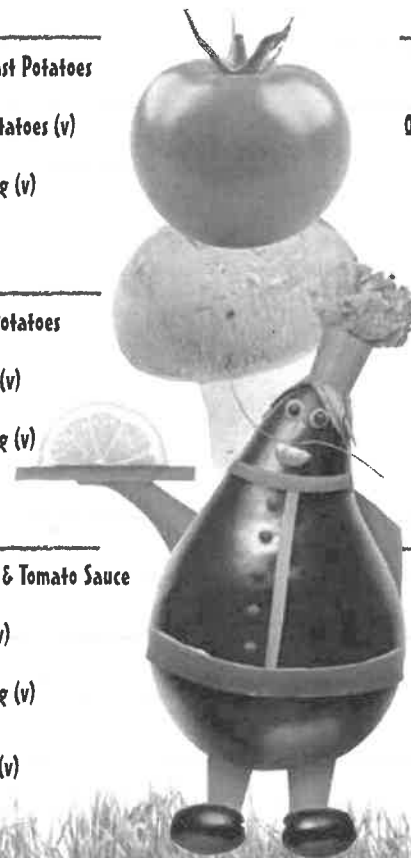
Rainbow Vegetable & Chicken Stir Fry  
or  
Cauliflower Cheese & New Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Green Beans, Shredded Cabbage  
Australian Crunch

Roast Gammon with Gravy & Roast Potatoes  
or  
Veggie Sausages with Gravy & Roast Potatoes (v)  
or  
Jacket Potato with Choice of Filling (v)  
Broccoli, Carrots  
Tropical Crumble & Custard

2 Cheese Baguette Pizza & Jacket Wedges (v)  
or  
Veggie Chilli & Rice (v)  
or  
Jacket Potato with Choice of Filling (v)  
Sweetcorn, Mixed Salad  
Strawberry Jelly with Pineapple Chunks (v)

Battered Cod with Chips & Tomato Sauce  
or  
Tomato & Vegetable Ragu with Garlic Bread (v)  
or  
Jacket Potato with Choice of Filling (v)  
Baked Beans, Garden Pear  
Lime Shortbread

**FRESH  
HEALTHY  
TASTY**



*Smile food that makes you happy*

(V) Suitable for Vegetarians

**SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY